



# Half Term Timetable (27th-31st October)



	Monday	Tuesday	Wednesday	Thursday	Friday
Adwick	Family Fun Spooktastic Special 10:00am - 11:30am	First Friends 1:00pm - 2:30pm		Odrona Military	Baby Massage (Invite only)
Askern	Baby Massage (Invite only)	Spooky Sensory Fun 9:30am-10:30am	7	First Friends 1:00pm - 2:30pm  Sensory room available to book for FREE	Family Fun Spooktastic Special 10:00am - 11:30am
Bentley		Baby Massage (Invite only)  LIGHT Group 10:30am-12:30pm (Invite only)  Breast Start 1:30pm - 2:30pm	Family Fun Spooktastic Special 10:00am - 11:30am	Monday - Friday by calling Bentley: 01302 737350 Askern 01302 737099	First Friends 1:00pm - 2:30pm
Other venues	First Friends 1:00pm - 2:30pm Bullcroft Memorial Hall Chestnut Avenue Carcroft DN6 8AP	Wriggle, Rhyme & Storytime Enchanted Fun 1:30pm - 2:30pm Bullcroft Memorial Hall Chestnut Avenue Carcroft DN6 8AP	All of our sessions are Dad/male carer friendly		

# Sessions & Activities



#### First Friends (birth to crawling)

Come and play together within a safe informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a Nursery Nurse.

#### **Baby Massage (invite only)**

From 6 weeks, you will be invited to book onto this sessions by your Health Visitor -You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. Call the Health team for more information on 0300 021 8997

#### Spooky Sensory Fun (0-3 years)

This sensory play session provides messy, creative fun for the youngest members of your family. Come along and create spooky footprints, explore pumpkin gut sensory trays and even take a special photo using our spooky props! A range of sensory lights, fabrics and age appropriate books will be provided for your baby to explore.



#### Family Fun Spooktastic Special (0-11 years)

Your favourite Family Fun sessions are back - with a spooky twist! Come along for a frightfully fun time filled with giggles, goo, and ghoulish surprises.

Enjoy creepy Mix up magical witches' potions

**6** Get hands-on with squishy pumpkin guts

Snap a spooky selfie using our fun photo props

Join the Ghosts and Ghouls scavenger hunt

Enjoy creepy crafts, messy play, and so much more!

Fancy dress is absolutely welcome (the spookier the better) but not essential - just bring your sense of adventure and get ready for a monstrously good time!

#### **LIGHT Peer Support Group**

Light is a pre- and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families. This group is bookable in advance.

#### Wriggle, Rhyme & Storytime **Enchanted special**

Come along and enjoy our fun, interactive music session where children can explore music and rhymes using props and sensory resources. During this session we will be exploring some enchanting sounds that will get everyone into the spooky session spirit!



## Our venues

### Adwick Family Hub



Central Avenue, Woodlands DN6 7RU 01302 737717

#### Askern Family Hub

Spa Pool Road, Askern DN6 0HZ



01302 737099

## Bentley Family Hub



The Avenue Bentley DN5 ONP 01302 737350

Become a member at your local Family Hub!

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